



The Self-Care Path, LLC
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PATIENT INFORMATION

Full Name: _____

Significant Others' Names (Couples/Family Counseling): _____

Preferred Phone Number: _____ DOB: _____

Patient's Email (to receive automatic appointment reminders): _____

PRESENTING ISSUE

Please write a brief phrase or sentence about why you are seeking counseling

MEDICAL HISTORY INFORMATION

Physician: _____

Medical Diagnoses: _____

Medications: _____

Allergies: _____

PSYCHIATRIC HISTORY INFORMATION

Prior Psychological Support Services: Yes No

Provider(s): _____
(optional)

Known Diagnoses: _____

Psychiatric Medications: _____

RELEASE OF INFORMATION *please check here if you have filled out a ROI Form*

Please fill out our Release of Information Form if you need us to release information about your counseling with us. Leave it blank/no need to print if it does not apply to you.

PLEASE LIST OCCUPATION IF YOU ARE A FIRST RESPONDER: _____